

Simple Prayer, Simple Praise:

Trinity Sunday, June 7th, 2020

Opening Acclamation:

On this Trinity Sunday we have come before you Lord to offer our praise and adoration. You are God the creator, giving us richly all things to enjoy. You are Christ the Savior of the world, made flesh to set us free. You are the Spirit of truth and love, willing to dwell in us. You are holy and blessed. One god, eternal Trinity, be near to us the people formed in your image, and close to the world your love brings to life. Amen.

A reading from the Gospel According to Matthew 28:16-20

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

Meditation

As Christians, I think one of the most difficult concepts we profess is the Trinity. We cannot define it with ease, so we ignore it or avoid it altogether. On this Trinity Sunday, the Gospel of Matthew does not define the Trinity either. We hear the words "Father, Son and Holy Spirit" but we are not given a textbook explanation. Yet, the Gospel story indicates a clear reason. The meaning of the Trinity is deeper and more powerful than a basic definition.

The Trinity is about the full expression of God found in three persons and the way we experience that fullness in our lives. As those commissioned by Christ to share the good news; we experience the Trinity in the way we live. When we worship, whether we gather in person or online, the fullness of God is there. We make disciples of all people because each person is created in the image of God. We engage opportunities to teach others about God with our words, our actions and at times, quiet moments of silence with another. And finally, we follow the commandments of Jesus by remembering that he taught us to love God with all our being and to love our neighbors as ourselves.

The Trinity, the fullness of God, is experienced when we follow Christ and share his life, death and resurrection with a world that is in need of his love. When we do these things, God is present and God is with us fully in every way. I think that is the meaning of the Trinity. The disciples were able to do the work of God because God was fully present with them - Father, Son and Holy Spirit. Like the disciples, we are called and we are sent. And like them, we are

confident that Christ has promised “to be with us always to the end of the age.” (by *The Rev. Jason Shank*)



[The mission to the world](#) . JESUS MAFA

Closing Prayer:

Holy God,

Lord we ask you to lead us into the coming week, help us to believe that you are close by us, keep us from making mistakes and help us never to disappoint you. When we face hard decisions or difficult work, when we enjoy ourselves and have fun with others may we know that you share these times with us. Amen.

Take a moment now for silent reflection. Think of the people and things that cause you worry or concern; think of the things for which you are grateful. Raise them up in prayer using the words our Savior Christ taught us:

**Our Father who art in heaven, hallowed by thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory
for ever and ever. Amen.**

Grace:

*Receive these prayers, O God, and transform us through them,
that we may have eyes to see and hearts to understand
not only what you do on our behalf, but what you call us to do
so that your realm will come to fruition in glory. Amen.*

Use your parish directory this week as a prayer tool. Pray for five or ten members by name each day. As the sheep know their master's voice, use your own to offer prayer for the members, staff, clergy, and volunteers of your own worship community.



[Trinity](#) . Latimore, Kelly Record number: [57123]

Each Sunday at 10 a.m., Bishop Sean and other leaders from WNY and NWPA will lead worship via the Zoom platform. Anyone can join the service via phone by calling **646-876-9923 use code 127 336 938**. Those wishing to join by instead of video can use this link: <https://zoom.us/j/127336938> If you are asked for a password, use **lakeerie**.

Simple Prayer, Simple Praise is produced for The Episcopal Dioceses of NWPA and WNY.

By the Rev. Steve Lane and the Rev. Claudia SCHEDA, and guest contributors as noted.
Prayers adapted from thischurch.com June 2020